

Setting Up An

Errand Day

Workbook



Where I need to go and what I need to do:

[illegible]

Errand Day Route



1st Stop _____ Time? _____

Address _____

List Made? ☐

Paperwork? ☐

2nd Stop _____ Time? _____

Address _____

List Made? ☐

Paperwork? ☐

3rd Stop _____ Time? _____

Address _____

List Made? ☐

Paperwork? ☐

4th Stop _____ Time? _____

Address _____

List Made? ☐

Paperwork? ☐

5th Stop _____ Time? _____

Address _____

List Made? ☐

Paperwork? ☐

6th Stop _____ Time? _____

Address _____

List Made? ☐

Paperwork? ☐



My Weekly Menu

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Breakfast

Breakfast

Breakfast

Breakfast

Breakfast

Breakfast

Breakfast

Lunch

Lunch

Lunch

Lunch

Lunch

Lunch

Lunch

Dinner

Dinner

Dinner

Dinner

Dinner

Dinner

Dinner

Snacks

Snacks

Snacks

Snacks

Snacks

Snacks

Snacks