

The Evening

Makeover

Routine

Workbook

Home *by* Jenn

Home. Life. Time. Organized.

The Evening *Makeover Routine* Cheat Sheet

The 9 things you need to do to makeover your evenings

- 1 Know your expectations of this routine
- 2 Know what this routine is going to do for you
- 3 Find the time to create your routine
- 4 Create a need to do list
- 5 Create a want to do list
- 6 Track task times
- 7 Edit the lists
- 8 Know your start and stop times
- 9 Create your routine

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1 Know your expectations of this routine

What are your expectations of this routine?

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2 Know what this routine is going to do for you

Why are you creating this routine? What is it going to do for you?

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3 Find the time to create your routine

When are you going to create your routine?

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4 Create your need to do list & edit

What do you need to get done each evening?

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5 Create your want to do list & edit

What do you want to do each evening?

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6 Track task times

How much time do these tasks take?

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7 Add start and stop times

When are you going to start and stop your routine?

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8 Create your routine

Make your step by step plan:

I will start my routine at:

This is what I will be doing when:

My routine will end at:

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