

What to Declutter Cheat Sheet

kitchen

- 1.Expired canned food
- 2.Kitchen tools
- 3.Plastic bags
- 4.Paper bags
- 5.Take-out menus
- 6.Scratched non-stick cookware
- 7.Glass jars
- 8.Fridge magnets
- 9.Take out chopsticks and plastic cutlery
- 10.Ketchup and soy sauce packets
- 11.Plastic cups
- 12.Mugs
- 13.Water bottles
- 14.Serving dishes you never use
- 15.Cookbooks you don't use
- 16.Excess twist ties and rubber bands
- 17.Chipped dishes
- 18.Food containers that don't have a lid or lids that don't have containers
- 19.Old freezer food
- 20.Old herbs and spices
- 21.Expired boxed foods
- 22.Kitchen towels that are worn and/or stained
- 23.Oven mitts that burn your hands
- 24.Coffee and tea

bathroom

- 1.Expired lotions
- 2.Expired medicine
- 3.Trial size toiletries
- 4.Half/mostly used shampoo and conditioner bottles
- 5.Make-up you don't like
- 6.Empty band aid boxes and other empty first aid containers
- 7.Expired first aid supplies
- 8.Worn or stained towels
- 9.Combs and brushes
- 10.Hair ties, bobby pins, and barrettes

bedrooms

- 1.Clothes that don't fit
- 2.Damaged clothes
- 3.Single socks
- 4.Broken toys
- 5.Old formal dresses
- 6.ote bags
- 7.Broken jewelry
- 8.Cheap hangers
- 9.Stained clothes
- 10.Old shoes
- 11.Shoes that hurt your feet
- 12.Toys that aren't used
- 13.Winter sweaters that don't fit or don't like

living room/ family room

- 1.Old magazines and newspapers
- 2.Old books
- 3.Old cards
- 4.Old candles
- 5.Games with missing pieces
- 6.Puzzles with missing pieces
- 7.Old cords you no longer have items for
- 8.Manuals
- 9.CD's you never listen to
- 10.Movies you don't watch
- 11.Old glasses
- 12.Old electronics
- 13.Video games no one plays
- 14.Blankets

entryway

- 1.Scarves you don't wear
- 2.Hats and gloves you don't wear
- 3.Broken umbrellas
- 4.Sunglasses that are broken or don't use
- 5.Purses and wallets
- 6.Winter coats that aren't used or don't fit
- 7.Receipts and old mail

What to Declutter Continued

craft room/ area

1. Dried pens and markers
2. Extra yarn/or yarn not being used + other craft items
3. Extra buttons
4. Sample products
5. Kids artwork
6. Unfinished craft projects
7. Broken crayons/colored pencils and old coloring books

office

1. Taxes
2. Old bill stubs
3. Old cell phones
4. Old calendars
5. Old paperwork
6. Unused notebooks
7. Used notebooks that aren't being used
8. Address labels
9. Organizers you don't use
10. Old planners

laundry room/ linen closet

1. Vases
2. Worn linens
3. Worn towels
4. Cleaning supplies you don't like
5. Almost empty bottles
6. Single socks

garage/ garden shed

1. Holiday decor you don't use
2. Old boxes
3. Old paint
4. Old party supplies
5. Old batteries
6. Decor you no longer like/use
7. Storage containers without lids
8. Fitness equipment you don't use
9. Random screws
10. Broken swimming pools
11. Bikes that are too small or aren't used
12. Sports equipment that are broken or aren't used

odds and ends

1. Earbuds
2. Loyalty cards
3. Phone books
4. Expired coupons
5. Gift wrap