

Morning Routine Checklist

BE PRODUCTIVE WITH A MORNING ROUTINE

- Clean up
 - Wipe down counters
 - Start a load of laundry
 - Unload dishwasher
 - Load dishwasher
 - Pick up clutter around the house
 - Water plants
- Read a book
- Exercise
- Meditate
- Prayer
- Set up your daily to-do list
- Hydrate

Morning Routine Checklist

_____: Wake-Up

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